

# **Sutter Health**

# CALIFORNIA PACIFIC MEDICAL CENTER - VAN NESS, DAVIES AND MISSION BERNAL CAMPUSES

2019 – 2021 Community Benefit Plan Responding to the 2019 Community Health Needs Assessment Submitted to the Office of Statewide Health Planning and Development May 2022

# **Table of Contents**

| Abo | out Sutter Health   | 3              |
|-----|---|----------------|
| 201 | 9 Community Health Needs Assessment Summary   | 4              |
| Def | inition of the Community Served by the Hospital   | 5              |
| Sig | nificant Health Needs Identified in the 2019 CHNA   | 6              |
| 201 | 9 – 2021 Implementation Strategy Plan   | 8              |
|     | Access to Coordinated, Culturally and Linguistically Appropriate Care and S Food Security, Healthy Eating, and Active Living Housing Security and an End to Homelessness Safety from Violence and Trauma Social, Emotional, and Behavioral Health | 16<br>19<br>21 |
| Nee | eds CPMC Plans Not to Address   | 26             |
| App | proval by Governing Board   | 26             |
| Apr | pendix: 2021 Community Benefit Financials   | 27             |

**Note:** This community benefit plan is based on the hospital's implementation strategy, which is written in accordance with Internal Revenue Service regulations pursuant to the Patient Protection and Affordable Care Act of 2010. This document format has been approved by OSHPD to satisfy the community benefit plan requirements for not-for-profit hospitals under California SB 697.

#### Introduction

The Implementation Strategy Plan describes how California Pacific Medical Center (CPMC) Van Ness, Davies and Mission Bernal campuses, a Sutter Health affiliate, plans to address significant health needs identified in the 2019 Community Health Needs Assessment (CHNA). The document describes how the hospital plans to address identified needs in calendar (tax) years 2019 through 2021.

The 2019 CHNA and the 2019 – 2021 Implementation Strategy Plan were undertaken by the hospital to understand and address community health needs, and in accordance with state law and the Internal Revenue Service (IRS) regulations pursuant to the Patient Protection and Affordable Care Act of 2010.

The Implementation Strategy Plan addresses the significant community health needs described in the CHNA that the hospital plans to address in whole or in part. The hospital reserves the right to amend this Implementation Strategy Plan as circumstances warrant. For example, certain needs may become more pronounced and merit enhancements to the described strategic initiatives. Alternately, other organizations in the community may decide to address certain community health needs, and the hospital may amend its strategies and refocus on other identified significant health needs. Beyond the initiatives and programs described herein, the hospital is addressing some of these needs simply by providing healthcare to the community, regardless of ability to pay.

CPMC welcomes comments from the public on the 2019 Community Health Needs Assessment and 2019 – 2021 Implementation Strategy Plan. Written comments can be submitted:

- By emailing the Sutter Health System Office Community Benefit department at SHCB@sutterhealth.org;
- Through the mail using the hospital's address at P.O. Box 7999, San Francisco, CA 94120-7999,
   Attention: Community Benefit Department; and
- In-person at the hospital's Information Desk.

#### **About Sutter Health**

Sutter Health is the not-for-profit parent of not-for-profit and for-profit companies that together form an integrated healthcare system located in Northern California. The system is committed to health equity, community partnerships and innovative, high-quality patient care. Our over 65,000 employees and associated clinicians serve more than 3 million patients through our hospitals, clinics and home health services.

Learn more about how we're transforming healthcare at <u>sutterhealth.org</u> and <u>vitals.sutterhealth.org</u>.

Sutter Health's total investment in community benefit in 2021 was \$872 million. This amount includes traditional charity care and unreimbursed costs of providing care to Medi-Cal patients. This amount also includes investments in community health programs to address prioritized health needs as identified by regional community health needs assessments.

As part of Sutter Health's commitment to fulfill its not-for-profit mission and help serve some of the most vulnerable in its communities, the Sutter Health network has implemented charity care policies to help provide access to medically necessary care for all patients, regardless of their ability to pay. In 2021, Sutter Health invested \$91 million in charity care. Sutter's charity care policies for hospital services include, but are not limited to, the following:

- 1. Uninsured patients are eligible for full charity care for medically necessary hospital services if their family income is at or below 400% of the Federal Poverty Level ("FPL").
- 2. Insured patients are eligible for High Medical Cost Charity Care for medically necessary hospital services if their family income is at or below 400% of the FPL and they incurred or paid medical expenses amounting to more than 10% of their family income over the

last 12 months. (<u>Sutter Health's Financial Assistance Policy</u> determines the calculation of a patient's family income.)

Overall, since the implementation of the Affordable Care Act, greater numbers of previously uninsured people now have more access to healthcare coverage through the Medi-Cal and Medicare programs. The payments for patients who are covered by Medi-Cal and Medicare do not cover the full costs of providing care. In 2021, Sutter Health invested \$557 million more than the state paid to care for Medi-Cal patients.

Through community benefit investments, Sutter helped local communities access primary, mental health and addiction care, and basic needs such as housing, jobs and food. See more about how Sutter Health reinvests into the community by visiting sutterpartners.org.

In addition, every three years, Sutter Health hospitals participate in a comprehensive and collaborative Community Health Needs Assessment, which identifies local healthcare priorities and guides our community benefit strategies. The assessments help ensure that we invest our community benefit dollars in a way that targets and addresses real community needs.

Through the 2019 Community Health Needs Assessment process, the following significant community health needs were identified:

- Access to coordinated, culturally and linguistically appropriate care and services
- Food security, healthy eating, and active living
- Housing security and an end to homelessness
- · Safety from violence and trauma
- Social, emotional, and behavioral health

The 2019 Community Health Needs Assessment conducted by CPMC is publicly available at sutterhealth.org.

#### **2019 Community Health Needs Assessment Summary**

CPMC participates in a collective needs assessment process as a member of the San Francisco Health Improvement Partnership (SFHIP), a collaborative body whose mission is to embrace collective impact and to improve community health and wellness in San Francisco. Membership in SFHIP includes San Francisco Department of Public Health (SFDPH), San Francisco Mayor's Office, the city's nonprofit hospitals, and other healthcare-related nonprofit stakeholders.

SFHIP completes a CHNA once every three years, which provides data enabling identification of priority health issues and is the foundation for various citywide health planning processes, as well as each San Francisco nonprofit hospital's Community Health Needs Assessment and Implementation Strategy Plan.

The needs assessment for this report was conducted throughout 2017 and 2018. Meetings were facilitated by SFDPH, and the final CHNA document that was collectively developed by SFHIP was prepared by SFDPH.

The CHNA process involved four steps:

- 1. **Community health status assessment**, in which 171 population-level health determinant and outcome variables were analyzed, ranked and selected, recognizing the essential role that social determinants of health play in the health of San Franciscans.
- 2. **Assessment of prior assessments**, in which a variety of health needs assessments already completed by various San Francisco community-based organizations, healthcare service

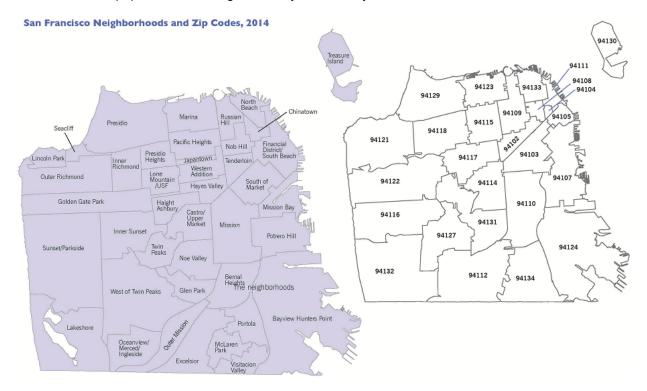
providers, public agencies, and task forces were reviewed to ensure that this existing knowledge was integrated into the CHNA.

- 3. **Community engagement**, in which focus groups were conducted with various subject matter experts, community organizations, and community members. Categories of focus groups included:
  - o SFHIP key informant group interview (comprised of SFHIP members);
  - Equity Coalition focus groups with Chicano/Latino/Indigena Health Equity Coalition, Asian and Pacific Islander Health Parity Coalition, and African American Community Health Equity Council;
  - o Homeless Prenatal Program-led focus groups with food-insecure pregnant women; and
  - o Kaiser-led focus groups with Kaiser Permanente leadership and staff, Spanish-speaking parents (on youth healthy eating and active living), and homeless and/or HIV-positive youth.
- 4. **Health needs identification and prioritization**, in which SFHIP members reviewed and screened all findings according to pre-established criteria in a multi-step process.

The full 2019 Community Health Needs Assessment conducted by CPMC is available at www.sutterhealth.org.

#### **Definition of the Community Served by the Hospital**

CPMC serves all populations residing in the City and County of San Francisco.



| Ethnic composition by percentage of population,<br>San Francisco, 2010–2030 |       |       |                   |
|---|-------|-------|-------------------|
| Ethnicity   | 2010  | 2018  | 2030<br>Projected |
| White   | 42.3% | 42.0% | 42.5%             |
| Black/African American  | 5.8%  | 5.0%  | 4.0%              |
| Asian   | 33.1% | 33.7% | 34.0%             |
| Pacific Islander  | 0.4%  | 0.4%  | 0.4%              |
| Latino  | 15.1% | 15.1% | 14.9%             |
| Native American   | 0.2%  | 0.2%  | 0.2%              |
| Multi-ethnic  | 3.1%  | 3.6%  | 4.0%              |

| Population by age group as a percentage of the total population projections, San Francisco, 2010–2030 |      |      |                   |
|---|------|------|-------------------|
| Groups by age   | 2010 | 2018 | 2030<br>Projected |
| Seniors (65+)   | 14%  | 17%  | 21%               |
| Working age (25-64)   | 63%  | 61%  | 56%               |
| College age (18-24)   | 10%  | 7%   | 8%                |
| School age (5-17)   | 9%   | 10%  | 11%               |
| Preschool age (0-4)   | 4%   | 5%   | 4%                |
|   |      |      |                   |

The CHNA reviewed health data on all San Francisco populations. Some important findings include:

- Total population (2018): 888,817
- Over 10,000 fewer San Franciscans were uninsured in 2017 compared to 2015. However, 2
  percent (16,000) still lack insurance or healthcare access via Healthy San Francisco or Healthy
  Kids.
- 8 percent do not have a usual place to go for medical care.
- 24 percent of adults have not had a routine check-up in the past year.
- 51 percent have not had a flu shot in the past year.
- 54 percent of women ages 18 to 44 have not received counseling or information about birth control from a doctor or medical provider in the past year.
- 15 percent of women with public safety-net insurance do not receive timely prenatal care.
- 27 percent of adults have not seen a dentist in the past year.
- 96 percent of Whites are employed, while only 83 percent of Black/African Americans are employed.
- 22 percent of San Franciscans live below 200 percent of the federal poverty level.
- 1 percent of White children and 19 percent of Black/African American children live in poverty.
- San Francisco has the highest income inequality in California (and rates sixth in the U.S.); the wealthiest 5 percent of households earn 16 times more than the poorest 20 percent of households.
- 24 percent of San Francisco residents 5 years and older have limited English proficiency; 57 percent of those persons speak Chinese.

For further details regarding San Francisco's population, please refer to the full CHNA.

#### Significant Health Needs Identified in the 2019 CHNA

The following significant health needs were identified in the 2019 CHNA:

Access to coordinated, culturally and linguistically appropriate care and services
 San Francisco continued to see gains in access to healthcare, with 10,000 fewer residents
 uninsured in 2017 than in 2015. Of the estimated 31,500 uninsured residents, 15,373 have
 healthcare access through Healthy San Francisco or Healthy Kids. Approximately 2 percent of
 residents remain without access. Having insurance or an access program is only the first step,
 however; true access to services is influenced by location, affordability, hours of operation, and
 cultural and linguistic appropriateness of healthcare services.

#### 2. Food security, healthy eating, and active living

Inadequate nutrition and a lack of physical activity contribute to 9 of the leading 15 causes of premature death in San Francisco—heart failure, stroke, hypertension, diabetes, prostate cancer, colon cancer, Alzheimer's, breast cancer, and lung cancer. Studies have shown that just 2.5 hours of moderate-intensity physical activity each week is associated with a gain of approximately three years of life.

#### 3. Housing security and an end to homelessness

Housing is a key social determinant of health. Housing stability, quality, safety, and affordability all have very direct and significant impacts on individual and community health. Much of California, and especially the Bay Area, is currently experiencing an acute shortage in housing, leading to unaffordable housing costs, overcrowding, homelessness and other associated negative health impacts. Between 2011 and 2015, the Bay Area added 501,000 new jobs—but only 65,000 new homes. An estimated 24,000 people in San Francisco live in crowded conditions, and about 7,500 homeless persons were counted in San Francisco.

#### 4. Safety from violence and trauma

Violence not only leads to serious mental, physical and emotional injuries and, potentially, death for the victim, but also negatively impacts the family and friends of the victim and their community. Persons of color are more likely to be victims of violence, to live in neighborhoods not perceived to be safe, and to receive inequitable treatment through the criminal justice system.

#### 5. Social, emotional, and behavioral health

Mental health is an important part of community health. In San Francisco, the number of hospitalizations among adults due to major depression exceeds that of asthma or hypertension. Presence of mental illness can adversely impact the ability to perform across various facets of life—work, home, social settings. It also impacts the families, caregivers, and communities of those affected. Substance abuse of drugs, alcohol and tobacco contributes to 14 of the top causes of premature death in the city—lung cancer, chronic obstructive pulmonary disease, HIV, drug overdose, assault, suicide, breast cancer, heart failure, stroke, hypertensive heart disease, colon cancer, liver cancer, prostate cancer, and Alzheimer's.

To identify and prioritize the most significant health needs in San Francisco, the SFHIP steering committee met on October 18, 2018. Participants identified health needs through a multi-step process. First, participants reviewed data and information from the Community Health Status Assessment, the Assessment of Prior Assessments, and the Community Engagement process, as well as the health priorities from the 2016 Community Health Needs Assessment. Then, using the Technology of Participation approach to consensus development, participants engaged in focused discussions about the data. Finally, participants developed consensus on the health needs by using the following steps:

- 1. Individually listing top health needs.
- 2. Small group discussions on the top health needs to identify similarities and differences.
- 3. Sharing all the health needs identified by the individuals.
- 4. Clustering the similar health needs into themes.
- 5. Determining a name for the theme, which is the health need.
- 6. Comparing and discussing new needs with those from the 2016 Community Health Needs Assessment.

Throughout the process, health needs were screened using the following pre-established criteria:

- The need is confirmed by more than one indicator and/or data source.
- The need performs poorly against a defined benchmark(s).

No further needs prioritization or ranking was deemed necessary since all five needs were considered to be very important.

#### 2019 – 2021 Implementation Strategy Plan

The Implementation Strategy Plan describes how CPMC plans to address significant health needs identified in the 2019 Community Health Needs Assessment and is aligned with the hospital's charitable mission. The strategy describes:

- Actions the hospital intends to take, including programs and resources it plans to commit;
- Anticipated impacts of these actions and a plan to evaluate impact; and
- Any planned collaboration between the hospital and other organizations in the community to address the significant health needs identified in the 2019 CHNA.

#### **Prioritized Significant Health Needs the Hospital Will Address**

The Implementation Strategy Plan serves as a foundation for further alignment and connection of other CPMC initiatives that may not be described herein, but which together advance the hospital's commitment to improving the health of the communities it serves. Each year, programs are evaluated for effectiveness, the need for continuation, discontinuation, or the need for enhancement. Depending on these variables, programs may change to continue focus on the health needs listed below (alphabetically).

- 1. Access to coordinated, culturally and linguistically appropriate care and services
- 2. Food security, healthy eating, and active living
- 3. Housing security and an end to homelessness
- 4. Safety from violence and trauma
- 5. Social, emotional, and behavioral health

# Access to Coordinated, Culturally and Linguistically Appropriate Care and Services

| Name of program/activity/initiative                      | St. Luke's Health Care Center (SLHCC) & HealthFirst  |
|--|--|
| Description  | CPMC's SLHCC provides a full range of obstetric and gynecological care at its Women's Center; well-baby care, well-child care, and care for ill or injured children at its Pediatric Clinic; and primary, acute and chronic care at its Adult Internal Medicine Clinic for teenagers and adults. SLHCC's clinicians and staff are bilingual in English and Spanish, ensuring culturally and linguistically competent care. Without SLHCC, many of these patients would have to use services at San Francisco General Hospital and its public clinics, facilities that are operating at full capacity. SLHCC's services also counter limited access that may be caused by primary care providers being less likely to serve Medi-Cal beneficiaries due to low government reimbursement rates. |
|  | HealthFirst, a center for health education and disease prevention affiliated with SLHCC, serves patients in chronic disease management by integrating community health workers (CHWs) into the multidisciplinary healthcare team. CHWs are culturally and linguistically competent as they are recruited from the same community as the patients that HealthFirst serves. CHWs provide health education, assist patients to improve their self-management skills, and encourage them to receive timely and comprehensive care.   |
| Goals  | Expand the city's safety net and bridge gaps in accessibility by making services more readily available to publicly insured and uninsured populations, and making those services culturally and linguistically appropriate.  |
|  | Manage chronic illness with cost-effective, quality care by providing prevention, outreach, and education services in a primary care setting that is culturally and linguistically appropriate for uninsured and underinsured patients residing in communities south of Market Street in San Francisco.  |
| Anticipated Outcomes                                     | Increase culturally and linguistically appropriate healthcare services for uninsured and underinsured patients residing in communities south of Market Street in San Francisco—some of the neighborhoods identified as having the highest disparities related to important socio-economic determinants of health.  |
| 2021 Impact  | In April 2021, CPMC's Mission Bernal Clinics (formerly St. Luke's Health Care Center) transferred the assets of the Mission Bernal Adult Clinic, the Mission Bernal Pediatric Clinic, and the Mission Bernal Pediatric After Hours Clinic to Mission Neighborhood Health Center (MNHC). CPMC provides cash contributions to MNHC to partially fund organizational and operational costs related to its expansion of services. CPMC retained the Mission Bernal Women's Clinic.   |
|  | For the portion of the year that the clinics were under CPMC operation (including the Women's Clinic, which CPMC retained), they served more than 4,900 people with 14,500 encounters.   |
| Matrice Head to Fredrict                                 | In 2021, HealthFirst served 652 people with a total of 2,061 encounters.   |
| Metrics Used to Evaluate the program/activity/initiative | Number of persons served (including demographic data) Number of encounters Number of HealthFirst's health screenings (spirometry tests, eye exams, foot exams, albumin/creatinine ratio tests)   |

| Name of program/activity/initiative                      | Healthcare Coverage Enrollment Assistance  |
|--|--|
| Description  | Program staff assist eligible CPMC patients and their families to enroll in assistance programs such as Medi-Cal, Healthy Families, and county programs. |
| Goals  | Make healthcare services more readily available to previously uninsured populations and reduce the financial burden of medical bills.                    |
| <b>Anticipated Outcomes</b>                              | Increased access to more timely, high-quality preventive care, primary care, and specialty care services.  |
| 2021 Impact  | 841 people were enrolled in Medi-Cal, Healthy Families, or county programs; an additional 257 were enrolled in the AIDS Drug Assistance Program.         |
| Metrics Used to Evaluate the program/activity/initiative | Number of persons enrolled in assistance programs  |

#### Name of program/activity/initiative **Description**

Kalmanovitz Child Development Center (KCDC)

CPMC's Kalmanovitz Child Development Center provides diagnosis, evaluation, treatment and counseling for children and adolescents with learning disabilities and developmental or behavioral problems caused by prematurity, autism spectrum disorder, epilepsy, Down syndrome, attention deficit disorder, or cerebral palsy. Its comprehensive assessments and ongoing therapy programs include the following disciplines: Developmental/Behavioral Pediatrics; Psychology and Psychiatry: Speech/Language and Auditory Processing: Occupational Therapy; Behavior Management Consultations; Early Intervention/Parent-Infant Program; Social Skills Groups; Feeding Assessment and Therapy; Assessment and Therapy for the Neonatal Intensive Care Unit and Assessment for the Follow-Up Clinic; Educational Assessment, Therapy and Treatment. These services provided at reduced or no cost to families are particularly important since children from low-income families have a 50 percent higher risk of developmental disabilities; early identification and treatment can change the course of these children's lives.

Besides operating its own clinics, KCDC also extends its services to a large number of at-risk children and brings services to them in their community by partnering with local schools and other community organizations, such as De Marillac Academy and Sacred Heart Cathedral Preparatory. De Marillac Academy is a tuition-free independent Catholic school serving low-income fourth-to-eighth-grade students in San Francisco's Tenderloin District, where many children suffer from post-traumatic stress disorder impacting their ability to learn. In a unique program that goes beyond the daily classroom setting, clinical and family support services are provided by KCDC to help children process those experiences and overcome the emotional challenges that often accompany them. Speech and language pathologists, educational therapists, and clinical psychologists provide more intensive services as needed at the school; occupational therapy is done at KCDC locations. Help children and youth in San Francisco to thrive and live up to their full

Goals

potential by providing early multidisciplinary assessment and treatment

|  | for children with one or more conditions that affect their growth and development, regardless of the patient's ability to pay.  |
|--|---|
| <b>Anticipated Outcomes</b>                              | Increase services for children with one or more conditions that affect their growth and development.  |
| 2021 Impact  | In 2021, a total of 16,842 clinic visits took place. Of the 1,330 people served, 1,230 were seen at the two San Francisco clinic locations, 100 through outreach at De Marillac Academy |
| Metrics Used to Evaluate the program/activity/initiative | Number of persons served at San Francisco clinic locations and through outreach at De Marillac Academy Number of encounters   |

| Name of program/activity/initiative                      | South of Market Bayview Child Health Center (BCHC)   |
|--|--|
| Description  | BCHC offers routine preventative and urgent pediatric care in one of San Francisco's most medically underserved neighborhoods, and addresses prevalent community health issues such as weight control and asthma management. BCHC focuses on keeping infants, children and adolescents healthy, and on closely managing their care when they are ill. The center is particularly attuned to the impact of community violence and childhood trauma on children's mental and physical health. The clinic also offers psychological and case management services to families through a partnership with the Center for Youth Wellness. Dental services are provided through South of Market Health Center at their main facility. |
|  | The clinic was started as a collaboration between CPMC, Sutter Pacific Medical Foundation, and CPMC Foundation. In 2014, clinic ownership was transferred to South of Market Health Center (SMHC), and we were jointly awarded a grant to transition BCHC to become a Federally Qualified Health Center. CPMC continues to be the hospital and specialty partner for BCHC and continues to help fund operational costs. CPMC and SMHC will work together to ensure that kids in the Bayview have access to high-quality care while ensuring the clinic's long-term sustainability.   |
| Goals  | Improve access to high-quality healthcare close to home for uninsured and underinsured children residing in the Bayview Hunters Point district of San Francisco, regardless of ability to pay.   |
| <b>Anticipated Outcomes</b>                              | Increase pediatric care, psychological, and case management services to children and families of Bayview Hunters Point.  |
| 2021 Impact  | In 2021, 909 individuals received primary care with a total of 2,523 encounters; 90 of these patients were also connected to mental health services.   |
| Metrics Used to Evaluate the program/activity/initiative | Number of persons served<br>Number of encounters<br>Number of persons connected to a PCP   |
|  | Number of persons connected to mental health services  |

| Name of program/activity/initiative                      | Coming Home Hospice   |
|--|---|
| Description  | CPMC's Coming Home Hospice provides 24-hour care for terminally ill clients and their families in a caring, homelike setting. CPMC ensures that high-quality residential hospice care is accessible to terminally ill patients regardless of their ability to pay, by covering the difference between the full cost of providing these services and patient revenue. Services include medical and nursing care, psycho-social counseling, spiritual counseling, religious services, massage therapy, medication monitoring and assistance, personal care assistance, laundry services, recreational activities and entertainment. |
| Goals  | Increase access to quality hospice care and support for those for whom home is no longer an option, regardless of ability to pay.   |
| <b>Anticipated Outcomes</b>                              | Increase quality hospice care services and support.   |
| 2021 Impact  | In 2021, 103 individuals were served through this program.  |
| Metrics Used to Evaluate the program/activity/initiative | Number of persons served (including demographic data)   |

| Name of program/activity/initiative | African American & Sister to Sister Breast Health Program and Mission Bernal Campus Breast Health Partnerships   |
|-------------------------------------|--|
| Description                         | CPMC's African American & Sister to Sister Breast Health Program offers women mammography screening and all the subsequent breast health diagnostic testing and treatment they may need at no cost. Early detection allows for better treatment outcomes and longevity of life. Partnership organizations such as HealthRIGHT 360, San Francisco Free Clinic, and Clinic by the Bay refer uninsured, underinsured, disadvantaged and at-risk women for mammography services. |
|                                     | CPMC's Breast Center at the Mission Bernal Campus promotes breast health in underserved communities by partnering with neighborhood clinics and community agencies.  |
| Goals                               | Increase early breast cancer detection by providing access to no-cost mammography screening for uninsured women who live in San Francisco.   |
|                                     | Reduce barriers to quality care.   |
| Anticipated Outcomes                | Increase early mammography screenings for women in need.   |
|                                     | Women who face particular challenges in completing treatment will receive assistance with care navigation services.  |
| 2021 Impact                         | In 2021, 94 people were served by CPMC's African American & Sister to Sister Breast Health Program; an additional 190 people received 312 cancer screenings through CPMC's grant to Bay Area Cancer Connections.   |
| Metrics Used to Evaluate            | Number of persons served   |
| the                                 | Number of screenings/mammograms  |
| program/activity/initiative         | Number of persons who received care navigation services  Number of persons who received follow-up clinical care  |
|                                     | Number of persons who received follow-up cliffical care  |

| Name of program/activity/initiative | Operation Access   |
|-------------------------------------|--|
| Description                         | CPMC partners with Operation Access and San Francisco Endoscopy Center to provide access to diagnostic screenings, specialty procedures, and surgical care at no cost for uninsured Bay Area patients who have limited financial resources. CPMC physicians volunteer their time to provide these free surgical services, while the hospital donates the use of its operating rooms. CPMC also provides grant funding to support Operation Access's operating costs. |
| Goals                               | Increase healthcare equity for uninsured and underserved patients facing barriers to getting the outpatient surgical and specialty care that they need, by:  • Providing the resources and promoting the medical volunteerism needed for the donation of these services;  • Increasing culturally competent case management;  • Providing medical interpreters to facilitate donated care.   |
| Anticipated Outcomes                | Increase number of timely surgical procedures and diagnostic services provided to uninsured and underserved patients.  |
| 2021 Impact                         | In 2021, Operation Access served 73 people with 77 surgical procedures including 28 operating room procedures, 24 gastroenterology procedures, 7 minor procedures or radiology, and 18 specialist evaluations or physical therapy.   |
| Metrics Used to Evaluate            | Number of persons served   |
| the                                 | Number of operating room procedures provided   |
| program/activity/initiative         | Number of GI procedures provided   |
|                                     | Number of minor and radiology procedures provided  Number of specialist evaluations  |
|                                     | Number of CPMC medical volunteers  |
|                                     | Client compliance rate   |
|                                     | Median wait time from referral to specialty visit Patient satisfaction rate  |

| Name of program/activity/initiative                      | Lions Eye Foundation  |
|--|---|
| Description  | Lions Eye Foundation and CPMC partner together to provide highly specialized eye care procedures free of charge to people without insurance or financial resources.   |
| Goals  | Provide access to highly specialized eye care for people without insurance or financial resources.  |
| <b>Anticipated Outcomes</b>                              | Increase eye care procedures/services for uninsured, low-income patients residing in San Francisco.   |
| 2021 Impact  | Throughout 2021, 385 individuals were served for a total of 3,545 encounters. Procedures performed included 376 general surgical procedures, 150 laser surgeries, 769 intravitreous injections for macular degeneration and complications due to diabetes, 3,297 diagnostic tests (OCTs, B-scans, angiograms, etc.) |
| Metrics Used to Evaluate the program/activity/initiative | Number of persons served Number of encounters Number of general surgical procedures Number of laser surgeries Number of intravitreous injections for macular degeneration and eye complications due to diabetes Number of diagnostic tests (OCTs, B-scans, angiograms, etc.)  |

| Name of program/activity/initiative | Advanced Illness Management (AIM) Program   |
|-------------------------------------|---|
| Description                         | Sutter Health's Advanced Illness Management (AIM) program provides customized support for patients with advanced chronic illnesses in order to improve care transitions and reduce future hospitalization. It helps them to manage their health/illness symptoms, manage their medications, coordinate their care, plan for the future, and live the kind of life they want.  |
|                                     | CPMC supports the program, providing funding towards the care of the people who enroll in the program in the San Francisco service area.  |
|                                     | Once the AIM team understands the patient's health issues, lifestyle, and personal preferences, they work with the patient to tailor a care plan, ease the transition from hospital to home, and provide continuing overthe-phone support and in-person visits in the home or at the doctor's office as needed. If the patient returns to the hospital, AIM staff continues to support the patient there. The AIM team also provides support for the patient's family and helps them understand anything about the patient's condition that the patient wants them to know. |
| Goals                               | Help chronically ill patients better manage their health/illness through skilled, respectful coaching and care tailored to their needs.   |
| Anticipated Outcomes                | Increase coaching services and support for patients who need help in self-managing advanced chronic illness.  |
| 2021 Impact                         | In 2021, the program saw 135 new enrollees; 7% of AIM inpatient discharges were discharged to home/self-care from hospital, and 60% were discharged to home healthcare services.  |
| Metrics Used to Evaluate the        | Number of persons enrolled in the program's San Francisco service area (including demographic data as available)  |
| program/activity/initiative         | Number of persons transitioned to home/self-care from hospital Number of persons transitioned to home healthcare service  |

| Name of program/activity/initiative | Medi-Cal Managed Care Partnerships   |
|-------------------------------------|--|
| Description                         | A key part of CPMC's Medi-Cal program is the Medi-Cal Managed Care partnership with North East Medical Services (NEMS) community clinics and San Francisco Health Plan (SFHP), a licensed community health plan that provides affordable healthcare coverage to over 145,000 lowand moderate-income San Francisco residents. Working together with NEMS, CPMC serves as the hospital partner for these Medi-Cal beneficiaries who select NEMS as their medical group through San Francisco Health Plan, providing them with inpatient services, hospital-based specialty and ancillary services, and emergency care. |
|                                     | CPMC also provides access to quality services at its Mission Bernal Campus for patients who select Hill Physicians or Brown & Toland as their medical group through San Francisco Health Plan.   |
|                                     | Additionally, CPMC provides lab services free of charge for NEMS patients in order to further improve access and support NEMS and their patients.  |
| Goals                               | Improve access to quality services for publicly insured people in San Francisco.   |
| Anticipated Outcomes                | More Medi-Cal patients residing in San Francisco will receive timely, high-quality healthcare services.  |

| 2021 Impact                         | 44,321 persons served: NEMS enrollees 41,008; Brown & Toland enrollees 1,431; Hill Physicians enrollees 1,882. CPMC provided free lab services for nearly 16,000 of these NEMS patients in order to further improve access and support NEMS and their patients.   |
|-------------------------------------|---|
| Metrics Used to Evaluate            | Number of persons enrolled in the program (including demographic data   |
| the                                 | as available)   |
| program/activity/initiative         | Bed days per 1,000  |
|                                     | ER visits per 1,000   |
|                                     | •   |
| Name of program/activity/initiative | Grants and Sponsorships Addressing Access to Coordinated, Culturally and Linguistically Appropriate Care and Services   |
| Description                         | Grants and sponsorships are decided annually based on community need. Selected executed grants and sponsorships will be reported at year end.   |
| Goals                               | Expand the city's safety net by making healthcare services more readily available to publicly insured and uninsured populations, and making those services culturally and linguistically appropriate.   |
| Anticipated Outcomes                | Increase affordable, accessible, culturally and linguistically appropriate healthcare services for uninsured and underinsured patients by supporting community-based organizations that develop/expand clinical services, outreach programs, and health education workshops to ensure that the needs of underserved populations are met.  |
| 2021 Impact                         | In 2021, CPMC provided grants to organizations such as APA Family Support Services, Bay Area Cancer Connections, Clinic by the Bay, Curry Senior Center, Designing Justice + Designing Spaces, GLIDE Foundation, HealthRIGHT 360, Kimochi, Inc., Maitri Compassionate Care, Planned Parenthood Northern California, San Francisco Community Clinic Consortium, San Francisco Community Health Center, San Francisco Free Clinic, San Francisco Village, Self-Help for Elderly, Shanti Project and St. Anthony Foundation. Through our support of organizations such as these, more than 302,000 health screenings were provided, more than 4,500 transportation services/vouchers were provided, and more than 8,900 patients were seen by a primary care provider. |
| Metrics Used to Evaluate            | Possible metrics include:   |
| the                                 | Number of persons served (including demographic data if   |
| program/activity/initiative         | available/applicable)   |
| •                                   | Number of classes/workshops offered   |
|                                     | Number of health screenings and other services provided   |
|                                     |   |

# Food Security, Healthy Eating, and Active Living

| program/activity/initiative |   |
|-----------------------------|---|
| Description                 | HealthFirst, a center for health education and disease prevention affiliated with CPMC's St. Luke's Health Care Center, serves patients in chronic disease management by integrating community health workers (CHWs) into the multidisciplinary healthcare team. CHWs are culturally and linguistically competent as they are recruited from the same community as the patients that HealthFirst serves. CHWs provide health education, assist patients to improve their self-management skills, and encourage them to receive timely and comprehensive care. |
|                             | CHWs teach community workshops in healthy eating to parents of children at risk for obesity in the South of Market, Mission, and Bayview Hunters Point districts. They also teach classes on nutrition designed to manage chronic adult diabetes.   |
| Goals                       | Manage chronic illness with cost-effective, quality care by providing prevention, outreach, and education services in a primary care setting that is culturally and linguistically appropriate for uninsured and underinsured patients residing in communities south of Market Street in San Francisco.   |
| Anticipated Outcomes        | Improve patients' self-management skills through culturally and linguistically appropriate services and health education.   |
| 2021 Impact                 | In 2021, HealthFirst served 652 people with a total of 2,061 encounters.  |
| Metrics Used to Evaluate    | Number of persons served (including demographic data)   |
| the                         | Number of encounters  |
| program/activity/initiative | Number of health screenings (spirometry tests, eye exams, foot exams, albumin/creatinine ratio tests)   |
|                             | Percentage of patients under control for hemoglobin HbA1c (diabetic), blood pressure, asthma, LDL cholesterol (as available)  |

| Name of program/activity/initiative | Grant to Meals on Wheels  |
|-------------------------------------|---|
| Description                         | Meals on Wheels San Francisco (MOWSF) helps low-income, homebound seniors to age safely at home by providing nourishing meals, safety support, and interpersonal and community connections.   |
| Goals                               | MOWSF currently provides 83 percent of home-delivered meals in San Francisco, but its current facility cannot keep pace with demand as the city's senior population grows. The CPMC grant supports the organization to build and equip a 45,000 square foot meal production facility that will include a full-capacity, commercial kitchen for food preparation, storage, access space and distribution yard.  Disrupt a system of hidden senior hunger, poverty and isolation. |
|                                     | Provide the San Francisco community with a substantially enhanced safety net by providing low-income, isolated, homebound seniors with two nutritious meals per day, social work assistance and an array of support services allowing them to prosper in their homes.   |
| Anticipated Outcomes                | Efficiently increase meal production capacity.  |
|                                     | Enhance ability to prepare medically tailored meals and offer culturally appropriate meal options, including plant-based menus.   |
| 2021 Impact                         | Throughout 2021, Meals on Wheels served 5,600 seniors and adults with disabilities with home-delivered meals, and delivered groceries and   |

|                             | meals to over 20,450 food-insecure quarantined individuals. 3,100 were provided with nutrition education, and a total of 2,800,000 meals were distributed. |
|-----------------------------|--|
| Metrics Used to Evaluate    | Number of persons served   |
| the                         | Number of meals provided/delivered   |
| program/activity/initiative | ·  |

| Name of program/activity/initiative                      | Grant to Community Health Resource Center (CHRC)  |
|--|---|
| Description  | CHRC collaborates with over 20 different healthcare centers in San Francisco, providing supportive services to thousands of clients through the many free or low-cost programs, screenings and counseling services that are available to anyone in the community. Programs include dietitians, social work counseling, nutrition guidance, community health screenings, educational lectures including monthly wellness events, health information and local resources, employee and group wellness presentations, and support groups. Services are offered free, at a reduced cost, or on a sliding scale. |
|  | In CHRC's Nutrition Counseling program, the team of highly qualified registered dietitians is available by appointment for nutrition counseling and diet review, with the goal of establishing a diet balanced for all life stages. Nutritionists are cross-trained to meet the nutritional needs and provide guidance for a variety of conditions, concerns and goals. Dietitians are also trained to address weight management concerns specific to age through a number of healthy, supportive treatment options.  |
|  | Dieticians also bring their knowledge to the community by presenting to a variety of community groups.  |
| Goals  | Increase knowledge and awareness regarding healthy eating and help patients to effectively meet their goals as they relate to nutrition and diet.   |
| Anticipated Outcomes                                     | Increase high-quality, professional supportive services, tools and information for healthy eating among San Francisco residents.  |
| 2021 Impact  | An estimated 4,000 people were served overall.  Food Security, Health Eating, and Active Living: Approximately 1,900 people were served with 3,207 visits with registered dietitians. 1,411 health screenings related to diet/exercise and lifestyle changes were provided. 49 health education classes were attended by a total of 4,737 people (contains duplicates).  Social, Emotional, and Behavioral Health: Approximately 2,350 people were served with 3,917 visits for behavioral health/social work services.   |
| Metrics Used to Evaluate the program/activity/initiative | Number of appointments with a registered dietitian<br>Number of health screenings related to diet/exercise (BMI, glucose, etc.)<br>Number of health education presentations/classes related to nutrition/<br>exercise, with number of attendees   |
|  |   |
| Name of program/activity/initiative Description          | Grants and Sponsorships Addressing Food Security, Healthy Eating, and Active Living  Grants and sponsorships are decided annually based on community need. Selected executed grants and sponsorships will be reported at  |
|  | year end.   |

| Goals                       | Enhance health and well-being by providing nutritious meals, groceries, and/or food choices to those in need.   |
|-----------------------------|---|
|                             | Facilitate behavioral changes of adults and children in homes, schools, worksites, and communities that will lead to the consumption of healthier foods and increased physical activity.  |
|                             | Identify and respond to risk factors such as obesity and inactivity that have been linked to cardiovascular disease, stroke, diabetes, gallbladder disease, osteoarthritis, and certain cancers.  |
|                             | Establish a culture of health consciousness among adults and children.  |
| Anticipated Outcomes        | <ul> <li>Examples:</li> <li>Increase knowledge and awareness regarding healthy eating and physical activity among adults and children through culturally relevant tools and information.</li> <li>Increase children's and adults' access to healthy and nutritious foods.</li> <li>Increase children's and adults' participation in various forms of exercise through exercise and fitness programs.</li> <li>Increase referral and case management for children who are at risk of poor nutrition, obesity, and obesity-related diseases.</li> </ul> |
| 2021 Impact                 | In 2021, CPMC provided grants to support organizations such as Jewish Community Center of San Francisco and Project Open Hand. By supporting organizations like these, more than 7,000 people were provided with nutrition education and more than 3 million meals were provided to those in need.  |
| Metrics Used to Evaluate    | Possible metrics include:   |
| the                         | Number of persons served (including demographics if   |
| program/activity/initiative | available/applicable)   |
|                             | Number of meals provided  |
|                             | Number of classes/workshops offered   |
|                             | Number of health screenings provided  |

# **Housing Security and an End to Homelessness**

| Name of program/activity/initiative | Grant to Compass Family Services  |
|-------------------------------------|---|
| Description                         | <ul> <li>Compass Family Services operates programs that provide year-round services to homeless families and families at imminent risk for homelessness. Programs include:</li> <li>Compass Connecting Point, a Family Resource Center: centralized drop-in center with childcare providing assessment, shelter placement, counseling, and referral services for families facing a housing crisis.</li> <li>Compass Family Shelter: emergency shelter, with on-site supportive services and long-term follow-up care.</li> <li>Compass Clara House: 18-month transitional housing with comprehensive supportive services for homeless families.</li> <li>Compass Children's Center: nationally accredited early childhood education and childcare center for homeless and extremely low-income infants and toddlers.</li> <li>Compass SF HOME: intensive support services combined with rent subsidies to help families avert homelessness.</li> <li>Compass Clinical Services: critical mental health services to clients.</li> <li>Twitter NeighborNest: state-of-the-art technology lab with on-site childcare to help families bridge the technological divide.</li> <li>OneHome: free affordable housing search website that makes it easier to find and apply for available housing.</li> </ul> |
| Goals                               | Assist families in securing and maintaining permanent housing.  |
|                                     | Help families address barriers to economic self-sufficiency.  |
|                                     | Support the healthy development of children and families.   |
|                                     | Address mental health and substance abuse problems.   |
| Anticipated Outcomes                | <ul> <li>Help homeless or at-risk families achieve housing stability, economic<br/>self-sufficiency, and well-being; 90 percent of families remain stably<br/>housed after 12 months.</li> </ul>  |
|                                     | <ul> <li>Provide homeless or at-risk children with full-time infant and toddler<br/>care and pre-school, with achievement of age-appropriate skills upon<br/>graduation from the program and readiness to enter kindergarten.</li> </ul>  |
|                                     | <ul> <li>Provide mental health services to children or parents, with<br/>demonstrable improvement in the overall functioning and mental<br/>health of participating individuals.</li> </ul>   |
| 2021 Impact                         | In 2021, Compass served 2,159 families including more than 5,000 individual family members. 593 people received mental health services, 211 obtained interim housing, and 502 obtained stable housing. 95% of families surveyed 9 or 12 months after exiting from a Compass shelter or housing program that supported them to secure or maintain housing were still stably housed.  |
| Metrics Used to Evaluate            | Number of persons housed in homeless shelter, number of shelter nights  |
| the program/activity/initiative     | provided  Number of persons connected to permanent or transitional housing  Number of persons/families served with comprehensive support services   |
|                                     |   |

| Name of program/activity/initiative | Grants and Sponsorships Addressing Housing Security and an End to Homelessness  |
|-------------------------------------|---|
| Description                         | Grants and sponsorships are decided annually based on community need. Selected executed grants and sponsorships will be reported at year end.   |
| Goals                               | End homelessness.   |
|                                     | Stabilize individuals and families at risk for homelessness.  |
| Anticipated Outcomes                | Examples:   |
|                                     | <ul> <li>Provide transitional/permanent housing and additional resources to<br/>address the causes of homelessness.</li> </ul>  |
|                                     | <ul> <li>Provide comprehensive supportive services to individuals and families<br/>who are homeless or at risk for homelessness to stabilize their<br/>housing status.</li> </ul>   |
|                                     | <ul> <li>Increase availability and/or accessibility of safe, affordable housing.</li> </ul>   |
| 2021 Impact                         | In 2021, CPMC provided grants to organizations such as Compass Family Services, Conard House, Episcopal Community Services of San Francisco, Hamilton Families, Homeless Prenatal Program, and Larkin Street Youth Services. By supporting organizations such as these, more than 550 people were placed in interim housing and 2,000 were placed in permanent housing. |
| <b>Metrics Used to Evaluate</b>     | Possible metrics include:   |
| the                                 | Shelter nights provided   |
| program/activity/initiative         | Number of persons provided with temporary housing   |
|                                     | Number of persons connected to permanent housing  |
|                                     | Number of persons/families served with comprehensive support services   |

# Safety from Violence and Trauma

| Name of program/activity/initiative                      | Grants and Sponsorships Addressing Safety from Violence and Trauma  |
|--|---|
| Description  | Grants and sponsorships are decided annually based on community need. Selected executed grants and sponsorships will be reported at year end.   |
| Goals  | Ensure that every child and adult is protected and our community is safe from child abuse and other forms of violence; prevent child abuse and domestic violence and reduce their devastating impact through supportive services, education, and policy advocacy.   |
| Anticipated Outcomes                                     | <ul> <li>Examples:</li> <li>Increase high-quality services for victims of child abuse and domestic violence.</li> <li>Increase student/caregiver/community education programs on child abuse and how to prevent it.</li> <li>Increase support services to at-risk parents, families, and individuals.</li> </ul>                              |
| 2021 Impact  | In 2021, CPMC provided community grants to organizations such as Safe & Sound. Through support to organizations like this, more than 3,800 people received case management services.  |
| Metrics Used to Evaluate the program/activity/initiative | Possible metrics include: Number of persons connected to social services Number of persons connected to mental health services Number of persons connected to substance abuse treatment services Number of persons case-managed Number of parent education classes/participants Number of students educated in child safety awareness classes |

### Social, Emotional, and Behavioral Health

| Name of program/activity/initiative | Kalmanovitz Child Development Center (KCDC)  |
|-------------------------------------|--|
| Description                         | CPMC's Kalmanovitz Child Development Center provides diagnosis, evaluation, treatment and counseling for children and adolescents with learning disabilities and developmental or behavioral problems caused by prematurity, autism spectrum disorder, epilepsy, Down syndrome, attention deficit disorder, or cerebral palsy. Its comprehensive assessments and ongoing therapy programs include the following disciplines: Developmental/Behavioral Pediatrics; Psychology and Psychiatry; Speech/Language and Auditory Processing; Occupational Therapy; Behavior Management Consultations; Early Intervention/Parent-Infant Program; Social Skills Groups; Feeding Assessment and Therapy; Assessment and Therapy for the Neonatal Intensive Care Unit and Assessment for the Follow-Up Clinic; Educational Assessment, Therapy and Treatment. These services provided at reduced or no cost to families are particularly important since children from low-income families have a 50 percent higher risk of developmental disabilities; early identification and treatment can change the course of these children's lives. |
|                                     | Besides operating its own clinics, KCDC also extends its services to a large number of at-risk children and brings services to them in their community by partnering with local schools and other community organizations, such as De Marillac Academy and Sacred Heart Cathedral Preparatory. De Marillac Academy is a tuition-free independent Catholic school serving low-income fourth-to-eighth-grade students in San Francisco's Tenderloin District, where many children suffer from post-traumatic stress disorder impacting their ability to learn. In a unique program that goes beyond the daily classroom setting, clinical and family support services are provided by KCDC to help children process those experiences and overcome the emotional challenges that often accompany them. Speech and language pathologists, educational therapists, and clinical psychologists provide more intensive services as needed at the school; occupational therapy is done at KCDC locations.   |
| Goals                               | Help children and youth in San Francisco to thrive and live up to their full potential by providing early multidisciplinary assessment and treatment for children with one or more conditions that affect their growth and development, regardless of the patient's ability to pay.  |
| <b>Anticipated Outcomes</b>         | Increase services for children with one or more conditions that affect their growth and development.   |
| 2021 Impact                         | In 2021, a total of 16,842 clinic visits took place. Of the 1,330 people served, 1,230 were seen at the two San Francisco clinic locations, 100 through outreach at De Marillac Academy  |
| Metrics Used to Evaluate the        | Number of persons served at San Francisco clinic locations and through outreach at De Marillac Academy   |
| program/activity/initiative         | Number of encounters   |

| Name of program/activity/initiative                      | Grant to Community Health Resource Center   |
|--|---|
| Description  | CHRC collaborates with over 20 different healthcare centers in San Francisco, providing supportive services to thousands of clients through the many free or low-cost programs, screenings and counseling services that are available to anyone in the community. Programs include dietitians, social work counseling, nutrition guidance, community health screenings, educational lectures including monthly wellness events, health information and local resources, employee and group wellness presentations, and support groups. Services are offered free, at a reduced cost, or on a sliding scale.     |
|  | CHRC's Behavioral/Mental Health Services by a licensed team of professionals offer support to individuals, groups and families looking for emotional or practical guidance and support for a wide range of needs. Fees for services are on a sliding scale.   |
|  | Counseling sessions may include: Individualized Needs Assessment to help clarify and prioritize the patient's most urgent concerns in order to develop goals and identify possible solutions; Short-term Emotional Support where counselors help align resources and make recommendations; Resource and Referral where a social worker can help connect the patient with other resources and agencies such as insurance, housing, reduced billing options for utilities, transportation, as well as a wide range of specific community support; Psychotherapy based on individual needs; and Follow-up Support. |
|  | Examples of support groups/programs include the Cancer Buddy Program that connects recently diagnosed cancer patients with trained volunteer cancer survivors; the Stroke Survivor Support Group designed to aid the recovery of stroke survivors at any stage by providing a safe and supportive atmosphere where individuals are able to share their experiences; and the Liver Cancer Support Group, where those living with liver cancer, family members, loved ones, and caregivers are provided with emotional and social support, education, and shared experience in an open, accepting environment.    |
|  | Educational classes offered by the CHRC social workers include topics such as advanced healthcare directives, bereavement, care for givers, and dementia.   |
| Goals Anticipated Outcomes                               | Improve the mental health and well-being of San Francisco residents.  Increase behavioral/mental health services and connectivity to needed social services for San Francisco residents.  |
| 2021 Impact  | An estimated 4,000 people were served overall.  Food Security, Health Eating, and Active Living: Approximately 1,900 people were served with 3,207 visits with registered dietitians. 1,411 health screenings related to diet/exercise and lifestyle changes were provided. 49 health education classes were attended by a total of 4,737 people (contains duplicates).  Social, Emotional, and Behavioral Health: Approximately 2,350 people were served with 3,917 visits for behavioral health/social work services.   |
| Metrics Used to Evaluate the program/activity/initiative | Number of appointments for behavioral health/social work services Number of support group attendees Number of health education presentations/classes related to behavioral health, with number of attendees   |

| Name of program/activity/initiative                      | Psychiatry Residents Serving at Community-Based Organizations   |
|--|---|
| Description  | As part of CPMC's health professions education program, CPMC psychiatry residents provide services one day per week to patients in need of behavioral health services at community-based organizations and public institutions.   |
|  | These organizations provide treatment for substance use disorder and other mental health problems, geriatric psychiatric services, and/or social support and re-entry services for incarcerated/formerly incarcerated clients to help them to attain self-sufficiency and continued recovery. |
| Goals  | Improve the mental health and well-being of at-risk populations by making high-quality services more readily available.   |
| Anticipated Outcomes                                     | Increase mental health and substance abuse services for at-risk populations.  |
| 2021 Impact  | In 2021, 340 patient encounters were provided through resident rotations at San Francisco Free Clinic and San Quentin Prison.   |
| Metrics Used to Evaluate the program/activity/initiative | Number of persons served through the residents' time spent at each of the community/public organizations  |

| Name of program/activity/initiative | Grants and Sponsorships Addressing Social, Emotional, and Behavioral Health   |
|-------------------------------------|---|
| Description                         | Grants and sponsorships are decided annually based on community need. Selected executed grants and sponsorships will be reported at year end.   |
| Goals                               | Promote mental health and the healthy development of children and families in both the broader community and at-risk communities; prevent child abuse and domestic violence.  |
| Anticipated Outcomes                | <ul> <li>Increase re-entry social support services that empower formerly incarcerated residents to attain economic self-sufficiency, continued recovery, and creation of a stable living environment by building skills, accessing resources, and modeling professional behavior.</li> <li>Increase substance use disorder treatment services that are gender-responsive and welcoming to people of any gender identity.</li> <li>Increase support to families in need of resources, such as employment training, parent education classes, housing, child care, and shelters.</li> <li>Increase intensive assessment, counseling, and referral services to help families and individuals avert homelessness.</li> <li>Increase mental health services to homeless and at-risk youth.</li> <li>Increase linguistically and culturally appropriate support groups and counseling.</li> <li>Increase early childhood education for at-risk families.</li> <li>Increase integrated treatment services for clients with co-occurring substance use disorder and mental health problems.</li> <li>Increase integration of behavioral health services into existing primary care settings for at-risk San Francisco residents.</li> </ul> |
| 2021 Impact                         | The COVID-19 pandemic has particularly impacted the mental health and well-being of children and adolescents, affecting their social and intellectual growth and leading them to experience increased symptoms of depression and post-traumatic stress. Besides our usual grants, in 2021 Sutter's Bay Area Operating Unit dedicated extra funds to address   |

|                                     | youth mental health. CPMC supported organizations such as Edgewood Center for Children and Families and Larkin Street Youth Services. Through such support, more than 7,200 people received mental health services, and more than 1,200 received substance use services.  |
|-------------------------------------|---|
| <b>Metrics Used to Evaluate</b>     | Possible metrics include:   |
| the                                 | Number of persons served (including demographics as available)  |
| program/activity/initiative         | Number of encounters  |
|                                     | Number of persons connected to mental health services or social services  |
|                                     |   |
| Name of program/activity/initiative | Psychiatry Residency & Psychology Intern Training Program   |
| Description                         | As a multi-campus teaching hospital, CPMC offers educational experience to physicians through its residency training programs, which include Psychiatry. Psychology interns and fellows also receive training while working in locations such as Kalmanovitz Child Development Center, Adult In-Patient, and Women's Health Initiative. CPMC usually trains 16 psychiatric residents, 10 psychology interns, and 2 psychology fellows annually. |
| Goals                               | The next generation of mental/behavioral healthcare professionals will receive world-class training/educational experience.   |
| Anticipated Outcomes                | Increase number of well-trained psychiatrists and psychologists and the availability of these services in the future.   |
| 2021 Impact                         | CPMC trained 15 psychiatry residents, 10 psychology interns and 4 psychology fellows.   |
| Metrics Used to Evaluate            | Number of psychiatry residents and psychology interns and fellows   |
| the                                 | trained   |
| program/activity/initiative         |   |

#### **Needs CPMC Plans Not to Address**

Although no hospital can address all aspects of the health needs present in its community, CPMC plans to address all five of the significant health needs identified in the 2019 Community Health Needs Assessment. As a member of SFHIP, CPMC will continue to work in collaboration with other local hospitals and health plans to identify gaps in service and to determine where efforts should be collectively redirected in order to most effectively improve the health of San Francisco residents. For more information about SFHIP, please visit <a href="https://www.sfhip.org">www.sfhip.org</a>.

CPMC is committed to serving the community by adhering to its mission, using its skills and capabilities, and remaining a strong organization so that it can continue to provide a wide range of community benefits.

#### **Approval by Governing Board**

The Community Health Needs Assessment and Implementation Strategy Plan were approved by the Sutter Bay Hospitals Board of Directors on November 20, 2019.

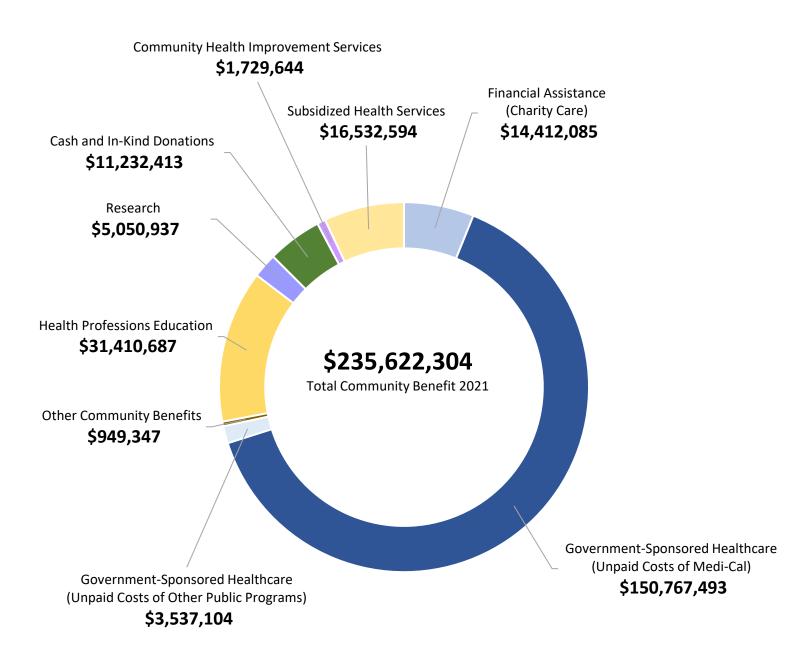
# **Appendix: 2021 Community Benefit Financials**

Sutter Health hospitals and many other healthcare systems around the country voluntarily subscribe to a common definition of community benefit developed by the Catholic Health Association. Community benefits are programs or activities that provide treatment and/or promote health and healing as a response to community needs.

Community benefit programs include traditional charity care which covers healthcare services provided to persons who meet certain criteria and cannot afford to pay, as well as the unpaid costs of public programs treating Medi-Cal and indigent beneficiaries. Costs are computed based on a relationship of costs to charges. Additional community benefit programs include the cost of other services provided to persons who cannot afford healthcare because of inadequate resources and are uninsured or underinsured, cash donations on behalf of the poor and needy as well as contributions made to community agencies to fund charitable activities, training health professionals, the cost of performing medical research, and other services including health screenings and educating the community with various seminars and classes, and the costs associated with providing free clinics and community services. Sutter Health affiliates provide some or all of these community benefit activities.

The graph of California Pacific Medical Center community benefit investments on the following page includes Van Ness, Davies, and Mission Bernal campuses,

# California Pacific Medical Center: Van Ness, Davies, and Mission Bernal Campuses 2021 Total Community Benefit & Unpaid Costs of Medicare



2021 unpaid costs of Medicare were \$189,067,637